

MOUNT MARTHA **NIPPERS** 2020 - 2021

Welcome to Mount Martha Nippers

A very warm welcome to all our nippers and families.



Life Saving



Boards



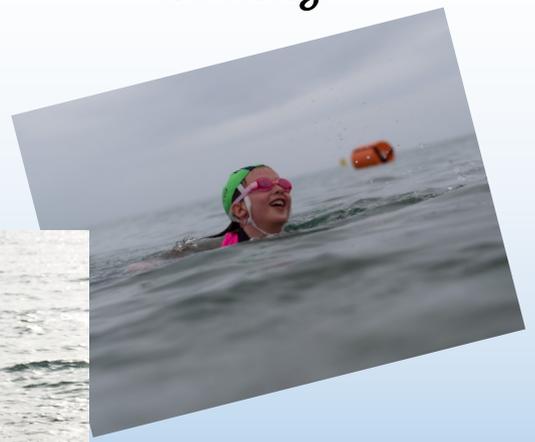
Beach flags, relays



Wading



Open Water Swimming



*Beach games
Fun, Friends
Team Work*



Friday Night Nippers

Unfortunately, due to COVID-19 restrictions, Friday Night Nippers will return under a modified program. Please see the calendar on our mmslc.com.au website for further information.

All information will also be communicated via TeamApp:
www.mtmarthalsc.teamapp.com or search Mount Martha Life Saving Club on TeamApp



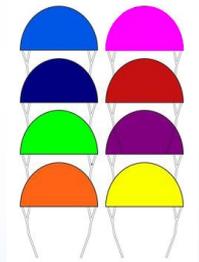
Your smile!



Bag



Hi-Vis rashie



Cap

WHAT TO BRING...



Warm jumper/
jacket



Hat



Wetsuit



When Friday night nippers is able to return, initially it will run with a modified program. The modified program will take into account the restrictions that will be in place at the time. Our duty of care is of utmost importance and our main objective will be the safety of all of our members.

U6-U8s will not return to Friday night nippers, until LSV and MMLSC COVIDSafe plans allow. Prior to this, U6-U8s are offered a number of sessions of nipper activity. Please see our website for further information on these sessions.

Friday Night Parent Expectations

Each Friday night at nippers, the following parent helpers are required:

U9 (for each group; boys/girls):

1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor

U10 (for each group; boys/ girls):

1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor

PLUS 1 Club access monitor (U9-U10)

U11 (for each group; boys/ girls):

1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor

U12 (for each group; boys/ girls):

1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor

U13 (for each group; boys/ girls):

1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor

PLUS 1 Club access monitor (U11-U13)

PLEASE NOTE THESE SESSIONS CANNOT RUN WITHOUT PARENTS TAKING ON THESE ROLES. IF YOU ARE INTERESTED IN TAKING ON ANY OF THESE ROLES PLEASE EMAIL

LEAH: juniordirector@mmlsc.com.au



Friday night at MMLSC

Merchan-



The MMLSC merchandise store located at the club, will initially run a click and collect service only.

Nipper Caps and Hi-vis vests are compulsory for all nippers.

Email Issy:
Merchandise
@mmlsc.com.au



Starfish nippers is a life saving skills program designed for children and young adults with special needs aged 6 years and above.

starfishnippers@mmlsc.com.au

In the event of extreme weather, a risk assessment matrix will be utilised. Cancellations (if required) will be notified by 4pm Friday via TeamApp.

Rescheduled sessions will be held on a Sunday afternoon, date will be advised.



Weather

Prelim Swim

All nippers must successfully complete a preliminary swimming assessment appropriate to their age group, prior to participating in any nipper water activities. Prelim swims will be completed at the beach during the nippers first session.

AGE GROUP	PRELIMINARY ASSESSMENT (POOL OR OPEN WATER)
Under 6	From a standing position in waist deep water, perform a front glide and recover to a secure position.
	Perform a back float for 15 seconds whilst holding a buoyant aid and recover to a secure position.
Under 7	From a standing position in waist deep water, perform a front glide, kick for 3 metres and recover to a secure position.
	Perform a back float for 30 seconds and recover to a secure position.
Under 8	25 metre swim (any stroke)
	60 second survival float on back
Under 9	25 metre swim (any stroke)
	60 second survival float on back
Under 10	25 metre swim (freestyle)
	90 second survival float on back
Under 11	50 metre swim (freestyle)
	2 minute survival float on back
Under 12	100 metre swim (freestyle)
	2 minute survival float on back
Under 13	150 metre swim (freestyle)
	3 minute survival float on back

Membership

All memberships must be fully processed by MMLSC before participation in any nipper activities.

admin@mmlsc.com.au

Junior Aquatic Sport Squad (JASS) Training

Commencement of JAS Squad training (other than Friday night), will return on Sunday 8th November.

www.mtmarthalsc.teamapp.com or search Mount Martha Life Saving Club



JAS Squad Training Conditions

JASS training will be available **ONLY** for the following nippers:
(no exceptions)

* Nippers who have completed the Competition Swim requirement in 2019/20 Nipper season and attended at least 50% of the nipper sessions, in 2019/20.

* Only U10s — U13s

* Numbers in the sessions will be very limited, each session will require prior booking and parents will also be required to assist.

Expectations

These are KIDS,
Learning LIFE SKILLS,
Having FUN,
Being taught by
VOLUNTEER COACHES,
Surrounded by
VOLUNTEER WATER SAFETY and
Run by VOLUNTEER COORDINATORS.



Any concerns regarding your own nipper's fun, enjoyment and experiences, should be directed to the appropriate Age Coordinator or Junior Director

IMPORTANT: A PARENT/GUARDIAN MUST REMAIN ON THE BEACH FOR THE DURATION OF ALL NIPPER ACTIVITIES AND YOUR NIPPER MUST BE SIGNED IN AND OUT OF THEIR AGE GROUP.



There will be additional requirements this season to ensure we are meeting the Victorian Government Roadmap for Reopening and LSV and MMLSC COVIDSafe plans.

U6-U8 Parent expectations

U6– U8 (December and January Programs—see calendar for dates)

HELPERS REQUIRED

10.00am-11.00am session

U6 (Per 20 nippers): 1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor, 5 parents for water safety

U7 (Per 20 nippers): 1 Age manager, 1 Age manager assistant, 1 COVIDSafe monitor, 5 parents for water safety

PLUS 1 Club access monitor (for U6&U7)

11.30am-12.30pm session

U8 (Per 20 nippers): 1 Age manager, 1 Age manager assistant,

1 COVIDSafe monitor

PLUS 1 Club access monitor

PLEASE NOTE THESE SESSIONS CANNOT RUN WITHOUT PARENTS TAKING ON THESE ROLES. IF YOU ARE INTERESTED IN TAKING ON ANY OF THESE ROLES PLEASE EMAIL

LEAH: juniordirector@mmlsc.com.au



Nipper camp and carnivals

Unfortunately, due to the COVID-19 pandemic, this season there will be
NO Anglesea camp in 2020.

LSV will not be holding any carnivals in 2020 and will announce plans for possible
modified carnivals in 2021.

SAFEGUARDING CHILDREN AND YOUNG PEOPLE:

MMLSC is committed to the
Safeguarding of Children and Young People
(SCYP).

All members aged 18 years and above are
required to have a valid Working With Children
Check as per the membership policy.

Sue Flanagan - MMLSC
Safeguarding Officer

memberprotectionofficer@mmlsc.com.au

0439 757 819

Wellbeing Officers:

Angela Iliopoulos
wellbeing1@mmlsc.com.au

Simon Perry
wellbeing2@mmlsc.com.au



Nipper Calendar

Please find the Nipper and Junior Aquatic Sport Squad (JASS) calendars on our MMLSC website (www.mmlsc.com.au), under the Programs tab; Nippers.



Communication



www.facebook.com/mmlsc



**MOUNT MARTHA
LIFE SAVING CLUB**

www.mmlsc.com.au



www.mtmarthalsc.teamapp.com



[www.instagram.com/
mountmarthallifesavingclub](http://www.instagram.com/mountmarthallifesavingclub)

Name	Position	Email
Leah Andrews	Junior Director	juniordirector@mmlsc.com.au
Natasha Hartley-Jackson	Junior Competition Manager	jrcompetitionmanager@mmlsc.com.au
Kirsty Hardt	Junior Carnival Registrar	jrcarnivalregistrar@mmlsc.com.au
Kaya Cook	Carnival Coordinator	carnivalcoordinator@mmlsc.com.au
Janet Chitts	U6-U8 Coordinator	junioragegrpcoordu6-u8@mmlsc.com.au
Michelle Pickford	U9-U13 Coordinator	junioragegrpcoordu9-u13@mmlsc.com.au
Steve Wishart	Club Captain	clubcaptain@mmlsc.com.au
Sarah Hilli	Starfish Nippers	starfishnippers@mmlsc.com.au
Steve Hofer	Water Safety Coord	buildingmaintenance@mmlsc.com.au
Tanya Brown	Beach Set Up Coord	
Hannah Wolstencroft	Prelim and Comp Swim Coordinator	privateclubhire@mmlsc.com.au
Troy Cochrane	Junior Competition Coach	
VACANT	Surf Education Coordinator	
VACANT	Life Saving Awards	
VACANT	Social/ Camp Coord	