

JUNIOR EVALUATIONS AND AWARDS

Age Group	Preliminary Assessment (Pool or open water)	Competition Skills Evaluation (Surf/open water)	Junior Development Program Award
Under 6	* From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back float for 15 seconds whilst holding a buoyant aid and recover to a secure position.	Not required (no competition for this age group)	Surf Play One
Under 7	* From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back float for 30 seconds and recover to a secure position.	Not required (no competition for this age group)	Surf Play Two
Under 8	25 metre swim (any stroke) 1 minute survival float (on back)	Not required (no water competition, except for wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float (on back)	150m open water swim within 12 minutes (continuous freestyle)	Surf Aware Two
Under 10	25 metre swim (freestyle/front crawl) 1 1/2 minutes survival float (on back)	150m open water swim within 11 minutes (continuous freestyle)	Surf Safe One
Under 11	50 metre swim (freestyle/front crawl) 2 minutes survival float (on back)	288m open water swim within 12 minutes (continuous freestyle)	Surf Safe Two
Under 12	100 metre swim (freestyle/front crawl) 2 minutes survival float (on back)	288m open water swim within 10 minutes (continuous freestyle)	Surf Smart One
Under 13	150 metre swim (freestyle/front crawl) 3 minutes survival float (on back)	288m open water swim within 9 minutes (continuous freestyle)	Surf Smart Two
Under 14	200 metre swim (freestyle/front crawl within 5 minutes) 3 minutes survival float (on back)	288m open water swim within 9 minutes (continuous freestyle)	Surf Rescue Certificate