



MMLSC NIPPER & SENIOR CAMP 2019

This camp is an opportunity for nippers and seniors to improve their surf skills. Our aim is to provide a safe & protected environment for both nippers and seniors to become more confident in the surf. We aim to have 2 full days at Anglesea beach or similar location nearby with suitable waves for both groups to learn safely.

When & Where

Friday 18th to Sunday 20th October, arrive any time after 5.00pm on Friday.

ARALUEN LUTHERAN CAMP 24 McDougall St Anglesea. For more details on the camp go to their website <https://www.araluencamp.com.au/>

NIPPERS: Open to all Nippers Under 8 and above. Parent/s must attend the camp with their Nippers and arrange their own transport. Parents with a bronze medallion will be required to assist with water safety and coaching.

SENIORS: Will be transported by bus (pending numbers) and Chaperoned by Senior Manager(s) and coaching team. Senior parents are welcome to attend, please contact Deanne Johnstone seniormanager@mmlsc.com.au if you would like to attend as a parent helper.

COST OF THE CAMP:

Includes accommodation and meals (except Saturday night dinner)

Adults (accompanying nippers or seniors) \$160

Seniors: \$120

Nippers: \$100

This must be paid by 1st October via the online payment gateway. Please ensure you provide a description of people attending. [CLICK HERE TO PAY ONLINE](#)

ACCOMMODATION: Please note accommodation is bunkhouse style, with rooms that sleep between 4-6 people with shared bathrooms, each nipper family will be allocated their own room. Seniors will have separate female and male rooms. We will need to allocate accommodation prior to arrival so if you have any concerns please contact Ange Iliopoulos (nippers) or Deanne Johnstone (seniors).

MEALS: **All** meals are provided by Araluen Lutheran Camp. If there are any dietary requirements, please email Ange **by 1st October:** juniordirector@mmlsc.com.au

SATURDAY NIGHT DINNER:

Seniors: Bus trip to Lone for casual dinner (\$20 required) (Pending numbers)

SAFE GUARDING CHILDREN AND YOUNG PEOPLE: Parents and coaches attending the camp are reminded of the Child Safe laws. An adult must not be alone with a child (other than their own children) in a bathroom or sleeping accommodation.

CHECKLIST

- Return **Permission Forms & Dietary Requirements** by 1st October, 2019
NIPPER FORMS – Ange Iliopoulos – juniordirector@mmlsc.com.au
SENIOR FORMS – Deanne Johnstone – seniormanager@mmlsc.com.au

- Make payment** by 1st October 2019 [CLICK HERE TO PAY ONLINE](#)

- Return **Travel Consent form** by 10th October 2019
SENIORS - Deanne Johnstone – seniormanager@mmlsc.com.au
NIPPERS (if being transported by someone other than family member)
– Ange Iliopoulos – juniordirector@mmlsc.com.au

WHAT TO BRING

CAMP

- Sleeping bag or quilt
- Pillow & pillow case
- Fitted single sheet (MUST)
- Pyjamas
- Warm tracksuit pants
- Jumpers
- T-shirts
- Shorts
- Runners
- Thongs
- Toiletries
- Bath towel

BEACH

- Full length wetsuit
- Mt Martha LSC Bathers
- Hi-vis rash singlet
- Mt Martha nipper cap
- Thick silicone swim cap
- Goggles
- Beach towel(s)
- Water bottle
- Sunscreen
- Warm coat
- Beanie
- Sun hat
- Backpack to carry all the above in to beach

The following people can be contacted throughout the weekend:

| NIPPERS | | SENIORS | |
|-----------------|--------------|------------------|--------------|
| Ange Iliopoulos | 0409 821 836 | Troy Cochrane | 0400 751 798 |
| Peter Johnstone | 0419 595 105 | Deanne Johnstone | 0412 598 350 |
| Steve Hofer | 0400 082 834 | Grant Gibbs | 0408 240 051 |
| | | Caroline McGill | 0410 247 106 |
| | | Jon Myers | 0419 592 405 |